

**THE NEED TO REACH A BETTER LIFE IN LIZ MURRAY'S
BREAKING NIGHT (2010): A HUMANISTIC PSYCHOLOGICAL
APPROACH**



RESEARCH PAPER

**Submitted as a Partial Fulfillment of the Requirements for Getting
Bachelor Degree of Education in English Department**

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**SCHOOL OF TEACHER TRAINING AND EDUCATION
MUHAMMADIYAH UNIVERSITY OF SURAKARTA
SEPTEMBER, 2015**

APPROVAL

**THE NEED TO REACH A BETTER LIFE IN LIZ MURRAY'S *BREAKING NIGHT*
(2010): A HUMANISTIC PSYCHOLOGICAL APPROACH**

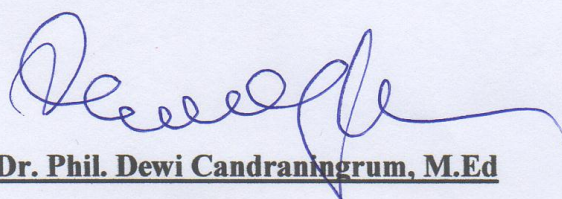
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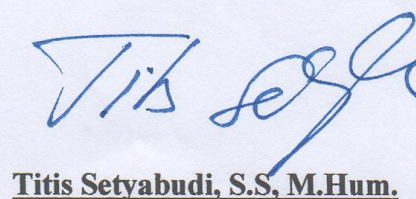
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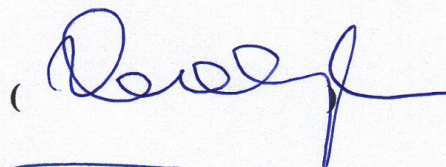
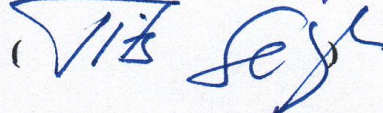
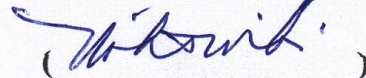
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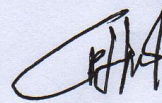
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TESTIMONY

The writer hereby confirms that in this research paper, there is no plagiarism of any other works that have been submitted to get bachelor degree nor any opinions or written text that have been written or published by others, except the written references which are referred in this paper and mentioned in the bibliography. If any fallacy is proved in the future dealing with my statement above, the writer will be fully responsible.

Surakarta, September 2015
The Researcher



Dhimas Wahyu Nugroho

MOTTO

- ❖ Sesungguhnya sesudah kesulitan itu ada kemudahan, maka apabila kamu telah selesai dari urusan kerjakanlah dengan sungguh-sungguh urusan yang lain.
~ QS. Alam Nasyrah: 6-7
- ❖ Do not pray for an easy life, pray for the strength to endure a difficult one.
~ Bruce Lee
- ❖ Don't be afraid to move, because the distance of 1000 miles starts by a single step.
~ The Writer

DEDICATION

This research paper is dedicated to:

- 1. The Greatest Allah SWT*
- 2. Kanjeng Nabi Muhammad SAW*
- 3. My beloved parents*
- 4. My beloved lovely*
- 5. My wonderful friends, and*
- 6. My teachers and lecturers*

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The researcher recognizes that this research paper would never been possible without contribution from many people. Therefore, the researcher would like to express her gratitude and appreciation to:

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10. **All of the people**, who cannot be mentioned one by one, for everything.

The researcher realizes that this research paper is still far from being perfect. Therefore, the constructive suggestion and criticism will be accepted to improve this research paper. Hopefully, this research paper will be useful for the readers and other researchers.

Wassalamualaikum Wr. Wb.

Surakarta, July 2015

The Researcher

Dhimas Wahyu Nugroho

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SUMMARY

DHIMAS WAHYU NUGROHO, A 320100197, THE NEED TO REACH A BETTER LIFE IN LIZ MURRAY'S *BREAKING NIGHT* (2010): A HUMANISTIC PSYCHOLOGICAL APPROACH. MUHAMMADIYAH UNIVERSITY OF SURAKARTA. RESEARCH PAPER. 2015.

This research paper examines the need to reach a better life in Liz Murray's *Breaking Night* (2010) memoir using humanistic psychological approach. The objectives of the research are to analyze the memoir based on the structural analysis of the memoir and based on humanistic psychological approach by Abraham Maslow.

The data sources consist of primary data and secondary data sources. The primary data of the research is The Breaking Night memoir and the secondary data of the research are the other sources related to the analysis such as the author biographies, comments, website searching about *Breaking Night* memoir that support the analysis, books of literary theory of the object and issue. The method to analyze of this data is descriptive analysis.

The researcher describes two conclusions in his research. The first, the author reveals that all of human beings have different needs and some motives why they have to do something. Like Liz Murray in the Breaking Night memoir, she also has some needs. She has to struggle to reach a better life. The second, based on humanistic psychological analysis, it can be concluded that in this memoir, the author illustrates the motivation underlying Liz Murray's needs. They are: physiological needs, safety in herself, love and belongingness needs, self-esteem needs, and self-actualization needs, or the needs for personal fulfillment.

Keywords: Needs, *Breaking Night*, Humanistic Psychology